

Rant n' Roar

THURSDAY FEBRUARY 26 2015

FROM THE CHEF

I experienced my first synchro event last night and was very impressed with level of competition. Even more impressive is how good Team NL's girls are. I watched these girls work hard for two years in the High Performance program and it's great to see their hard work payoff. I also spent some time watching the judo competition; as you'd expect we have some tough kids who don't mind a good fight! Looking forward to tomorrow. Go Team NL.

- Rod Snow



Sara and Melanie took part in a Special O Celebration on Center Stage in the Athlete's Village

HAPPY BIRTHDAY DELIA CONNELL WITH FIGURE SKATING!!



Atlantic Lottery Loto Atlantique



EVENTS & COMPETITION PRINCE GEORGE BC TIME



Thursday, February 26	
9:00am	Table Tennis
9:00am	Curling vs Quebec (PGGCC)
9:00am	Squash Female Team vs Alberta
10:00am	Cross Country Para Sit Ski 5K
12:00pm	Squash Team Male vs PEI
12:15pm	Cross Country Women Free 10K
12:30pm	Hockey vs
12:40pm	Figure Skating (Bethany & Kaitlin)
1:00pm	Judo
1:00pm	Cross Country Men Free 15k
2:55pm	Figure Skating (Melanie & Sara)
6:00pm	Badminton Team vs Saskatchewan

Synchro

Emma/Katie and Melanie/Anna/Jane competed in the duet prelims Wednesday morning. On to finals on Friday. The highly anticipated Team prelims were in the evening and TeamNL put off a good showing. Tomorrow is rest day for the team and coaches. Time to pin trade, relax, and regroup for the Team finals on Friday.

- Laura Cole



Curling

TeamNL played a morning match against Team New Brunswick @ 10:00 A.M. TeamNL in a very competitive match Wednesday with a strong showing. Steady improvement being seen by TeamNL curlers at the games. Final outcome of Wednesday's match TeamNL 5 Team New Brunswick 7. Thursday match against Team Quebec scheduled for 9:00 AM. Go LADIES Go

- Dean Lear

Cross Country

Practice day Wednesday as all athletes, coaches and staff spent time at Otway preparing for the Skate Ski competition starting Thursday.

- Glenn Smith

Judo

Today Team NL saw their first action at the games. Athletes Dawson Sampson, Curtis Simpson and Nicholas Corbin each had 2 matches in their respective weight groups. Dawson won his first match, but had a tough defeat in his second. The other 2 athletes fought valiantly, but did not experience victory, however, both represented NL very well. Their teammates will start their competition tomorrow.

- Robert Goulding



Badminton

TeamNL had the morning off, but had practice this afternoon in preparation for the team event portion of the competition which will begin Thursday morning at 9am. TeamNL will play in Pool D against Saskatchewan at 6pm. Go TeamNL.

- Jeff Milley

Table Tennis

Day 3 was a very busy day for our table tennis team. The day started with our boys doubles playing a team from Nova Scotia. The boys were out played this morning and lost 3-0. Next up was the mixed doubles. Our team lost 3-0 to Sask. But then our girls doubles team turned it around and defeated the Yukon team 3-0.

After lunch, the singles play started for all of our players. Each player competed in a number of matches against various other provinces. All teamnl players played extremely well. This competition will be completed in the morning.

The day finished with our girls competing in a team event. They competed against Nova Scotia in the 7-8 placing game. The girls played well but come up short. They lost 3-0 which meant that the girls placed in 8th place.

The boys doubles team finished the day by competing in a doubles event against a strong team from Sask. The boys again played extremely but was defeated 3 -1. Because of this, the boys ended in 8th position.

Singles will continue in the morning. So Go TeamNL Go.

- Peter Butt



Hockey

Despite a 4-1 loss to team Saskatchewan team NL fought a very spirited battle to the final buzzer. Zack Rose was solid between the pipes. Captain Adam Dawe scored NL's only goal.

- Dave Tilley



Figure Skating



Awesome performances today by both Sophie and Jenna who competed in the Pre Novice Women's Free Skate. Tomorrow Kaitlin and Bethany will skate their Novice Womens Long Program, as well, Sara and Melanie will skate the Special Olympics Level II Free Skate. Drop by Kin I tomorrow to watch our "Stars On Ice".

- Lynette Hiscock



Squash

At UNBC at 11:30 in the Team event John, Nick, Tiuri, and Jack took on the hometown BC boys. Coming up short, but continuing to improve their games performance.



"Team NL & Host Team BC"

At 2:00 pm the Girls faced our east coast friends Team NB, Maddy Drover started off with a win in the opening match, NB rebounded winning the next 3 games. In boys action at 4:30pm the Team NL faced Manitoba in their second match of the day, showing much improvement & promise here in Prince George, "Great work guys".

Action continues at 9:00 for the girls vs. Alberta and the guys take on PEI at 12:00.

- Gary Martin



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