

Rant n' Roar

FROM THE CHEF

Today was a great Day 1 at the Games here in Prince George. It was nice to ease into the first day of competition with a dominant performance in Women's Hockey, and Sam Marsh winning a practice event. As good as the wins were, I really enjoyed some of the practice sessions in Biathlon and Speed Skating.

Can't wait for tomorrow! **Go TeamNL!**

- Rod Snow



Minister Jackman joins the party!.

The Honourable Clyde Jackman, Minister of Seniors, Wellness and Social Development, joined TeamNL at the opening ceremonies of the 2015 Canada Winter Games.

A special thank you to the students and teachers of Roncalli Elementary for their TeamNL well wishes on their special flag!

ANNOUNCEMENTS

Minister's Reception
Coast Inn of the North
Sunday, Feb 15, 2015
6:30pm - 7:30pm

Minister Jackman would like to invite parents, friends and family of TeamNL athletes to a special reception tomorrow (Feb. 15) evening. Please come and enjoy a few tasty treats, TeamNL chatter and prizes!

Please RSVP your attendance by calling or texting 709-725-6906!



Atlantic Lottery
Loto Atlantique

EVENTS & COMPETITION PRINCE GEORGE TIME



Sunday, February 15

9:00am	Gymnastics WAG (Jago)
9:00am	Speed Skating 1500m Heats (KIN 1)
10:00am	Biathlon Men 15k / Women 12.5k (Otway)
10:00am	Alpine Women Super G (Purden)
11:30am	Alpine Men Super G (Purden)
12:30pm	Hockey Women vs NT (KIN 2)
12:30pm	Speed Skating 1500m Semi (KIN 1)
1:05pm	Curling Men vs NT (PGGCC)
1:15pm	Speed Skating 1500m Final (KIN 1)
6:30pm	Minister's Reception (Coast Inn)

Gymnastics



Grace Holmes under careful eyes of coaches.

Last practices today for our men and women with team competition starting tomorrow and the girls are up first. They start with the beam in their rotation and are excited to get going.

- Simon Blanks

Target Shooting

TeamNL had great day on the range. In the Super Finals Event, Sam Marsh was the overall winner in the 10m Rifle event. Emily Keeping finished 6th place in the 10m pistol.

At practice in the morning, some technical adjustments were made by Coach Dave. Tomorrow is another practice day, official competition starts Monday. Way to go Team :)

- Gary Martin

Biathlon

The Biathlon Male and Female Athletes, along with their coaching & technical staff, were in full form today upon their early arrival at the Otway Nordic Ski Centre. Today's practice session took place on a better than ideal snow surface.



The new Biathlon facility was surrounded by hills of snow with an ice surface and all of the participants had no trouble moving in their respective lanes. In the early morning the area was engulfed in a misty fog and by 10am the sun had burned through the fog creating a glorious day for skiing and shooting. Even "The Legend" Johnny Forward couldn't resist a practice run for himself this morning.

The team members were very pleased with their practice session and everyone is pumped and ready to go for tomorrow's competition which begins at 9:30am.

"Go Team Go". Mission Staff wish you all the best in tomorrow's activities and we will be there to cheer you on.

- Angela King



QUOTE OF THE DAY

"They make some strong wood here in BC."

- Rod Snow

Good thing for Asst Chef Frank!

Speed Skating

With a couple days of practice under their belt, our skaters are ready to go. Thomas and Ashley will be taking on the country's best in a fantastic new facility.

- Frank Humber



Meet Belal



Hockey



It doesn't get any better than this. Team NL started the competition with their first game against Team Yukon. The girls razzled and dazzled on the ice and were virtually unstoppable with a 14-1 victory. Looking forward to their next game against the Northwest Territories tomorrow at 12:30.

- Karen Sherriffs

Curling

There was plenty of enthusiasm today at the Prince George Golf and Curling Club as Team NL male Curling Team took to the ice for their initial practice. The NL team felt great after throwing some stones and are very excited heading into their first match tomorrow versus the Northwest Territories at 1:05pm.



- David Kennedy

Alpine

There were blue skies and cooler temperatures today at Purden Village for Super G training. Our skiers had a chance to get on snow and take a few runs on the track they'll race on tomorrow. One "spectacular" spill, but no damage done!



Photo Bomb by Coach Steve

The best news today - our missing skis are safe and sound! Alpine is ready to start racing tomorrow afternoon.

- Janice Turner



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